

PE and Sports Premium 2020-21

Physical activity has many documented benefits, contributing to both positive physical and mental development. The wide range of benefits include developing muscle and bone strength, boosting moods, increasing concentration and educational performance. In children, physical activity is important for motor development, psychosocial and cardio-metabolic health, reducing body fat, cognitive development and helping to increase academic achievement. Developing regular physical activity behaviours in childhood is crucial as evidence shows that children who are physically active are more likely to continue the habit into adult life and reap the benefits of an active lifestyle throughout their life course.

The London 2012 Olympic and Paralympic games lead to an increased excitement about sport, inspiring many to participate in activities and sports they have never tried before. Following this, the Government have invested millions of pounds into schools through the PE and sport premium to ensure that the interest in sport remained high and the legacy of the Games continued. In March 2013, the Government announced additional funding would be provided to primary schools to support the provision of PE and sport. Since then, schools have used this additional funding each year to make sustainable improvements to the quality of PE and school sport they deliver. This has been continued ever since, with the Department for Education (DfE) confirming in April 2019 that a total of £320 million will again be made available to primary schools in England to improve the quality of PE and sport available.

Please click here, for more information on PE and Sport Premium. (add link - <https://www.gov.uk/government/publications/2010-to-2015-government-policy-sports-participation/2010-to-2015-government-policy-sports-participation#appendix-3-pe-and-sport-premium-for-primary-schools>)

Physical Education (PE) and school sport continues to be a fundamental part of the curriculum at Wingfield Primary School, playing an integral part in contributing to the holistic development of our children. Through participation, our children have the opportunity to learn and develop our school values of kindness, resilience, forgiveness, tolerance, co-operation, responsibility, honesty, trust and respect for themselves and others. We therefore, continue to endeavour to create an ethos where physical activity, PE and school sport are promoted positively and play a part in our children's everyday life. Thus, providing equal opportunities and supporting them to gain the knowledge, skills and abilities to develop them into physically literate individuals that will go on to lead healthy, active lifestyles throughout their life. The PE and Sports Premium has enabled us to invest and develop specific areas in order to have long term effects on the development, learning, health and wellbeing of our children.

At Wingfield, our overall aim is to continue to promote healthy and active lifestyles and increase the standards in PE and school sport by increasing opportunities and participation available to our children. We aim to provide high quality, engaging lessons with equal opportunities for all to learn, evaluate and reflect on their experiences. In addition, we aim to increase the opportunities provided to our children to participate in physical activity and competitive sport, through links with the other Compass schools and the local community.

We will receive £18,550 (expected) in sports premium funding.

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How we plan to invest the money	The intended impact on the children's PE and sport participation and attainment	Sustainability
<p>To continue to invest in outside coaches and staff training to further develop the knowledge, skills and confidence of our staff to deliver engaging PE lessons.</p> <ul style="list-style-type: none"> • Approx. £9,750 - Charlton football partnership – Coach in school 11 - 3pm • Approx. £1,000 – Training courses, professional development, etc. 	<p>Staff will be further developing their knowledge and skills to enable them to use a wider variety of equipment with appropriate safety considerations. This will allow the children to develop their skills within a wider range of activities. Additional staff (CAFC) will instantly increase the physical activity levels during playtime and lunch time as well as provide 1-1 or 3-1 time with PP children.</p>	<p>Staff (DW) will further develop her knowledge and skills to share with staff through feedback and training sessions. Children will also benefit from this, through the development of their skills, knowledge and healthy well-being.</p> <p>Health and well-being will be improved throughout the school to promote healthy lifestyles and reduce absence in children and staff.</p>
<p>To continue to invest in a wide range of accessible equipment to provide students access to a broader range of physical activities.</p> <ul style="list-style-type: none"> • Approx. £300 - playground equipment • Approx. £1,500 - PE equipment <p><i>To be decided...</i></p>	<p>Staff will have the resources they need in order to deliver inspiring, exciting and appropriate lessons to engage all children. Children will benefit from appropriate resources that enable their development in all areas within each activity and lesson.</p>	<p>Children will continue to have access to a rich source of sustainable and durable equipment in order to explore a wide range of movements and activities.</p>
<p>To develop healthy habits through participation in external sporting events, curricular and extra-curricular activities.</p> <ul style="list-style-type: none"> • Approx. £2,880 – Dance/Gymnastics after school club • Approx. £2,560 – Staff afterschool clubs (CT x 4 clubs) • Approx. £560 - Tournament cover 	<p>Children will have additional opportunities to take part in physical activity both inside and outside of school in a competitive and non-competitive way. This will develop the children's interest and love for sport and physical activity as well as building their self-esteem, social skills, team work, decision making and resilience.</p>	<p>Short term affects: children will increase their engagement in physical activity, developing their healthy habits, self-esteem, social skills, team work, decision making and resilience.</p> <p>Long term affects: children will develop their love for sport and</p>

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- Approx. **£0** – bike-ability
- Approx. **£0** – CAFC football tournament
- Approx. **£0** - swimming
- Approx. **£0** - morning mile/parent mile

physical activity leading towards them maintaining a healthy lifestyle.